



Mississippi
Department
of
Mental Health

FY 2009
Annual Report

Supporting a Better Tomorrow...Today

Mississippi Department of Mental Health

Introduction

Since its inception in 1974, the Mississippi Department of Mental Health (DMH) has endeavored to provide services of the highest quality through a statewide service delivery system. As one of the major state agencies in Mississippi, DMH provides a network of services to individuals who experience problems with mental illness, alcohol and/or drug abuse/dependence, or who have intellectual or developmental disabilities. Services are provided through an array of facilities and agencies operated, certified and/or funded by DMH.

Mission

Supporting a better tomorrow by making a difference in the lives of Mississippians with mental illness, substance abuse problems and intellectual/developmental disabilities one person at a time.

Vision

We envision a better tomorrow where the lives of Mississippians are enriched through a public mental health system that promotes excellence in the provision of services and supports.

Individuals Served in FY 2009

Psychiatric Facilities.....	9,525
Alcohol and Drug Abuse Treatment Services.....	32,662
Alcohol and Drug Abuse Prevention Services.....	91,205
Intellectual/Developmental Disabilities Facilities.....	5,309
Intellectual/Developmental Disabilities Community Services	5,455
Mental Health Community Services.....	192,129
Crisis Intervention Centers.....	1,414
IDD Home and Community Based Waiver.....	1,974

*Individuals may have received more than one service. Numbers may be duplicated. Community Service totals include private, community mental health centers and facility based programs.

Overview of the Service System

Statutory Authority of the Department of Mental Health

The Mississippi Department of Mental Health was created in 1974 by an Act of the Mississippi Legislature, Regular Session, as outlined in Sections 41-4-1 et seq. of the Mississippi Code of 1972, Annotated. The statute placed into one agency mental health, alcohol/drug abuse, and intellectual and developmental disabilities programs which had previously been under the direction of the State Board of Health, the Interagency Commission on Mental Illness and Intellectual and Developmental Disabilities, the Board of Trustees of Mental Institutions, and the Governor's Office. The statute also addresses the Department of Mental Health's responsibilities concerning services for persons with Alzheimer's disease and other dementia.

The **network of services** comprising the public system is delivered through **three major components**:

State-operated facilities The four state comprehensive psychiatric facilities, the five regional centers, a residential psychiatric center, two specialized facilities for adolescents, and seven crisis intervention centers are administered and operated by the Department of Mental Health. These facilities serve designated counties or service areas in the State and provide inpatient psychiatric, chemical dependence, forensic, limited medical/surgical hospital services, some community mental health services in areas near the state comprehensive psychiatric hospitals, intermediate care facility services for persons with intellectual and developmental disabilities, and a range of community services for persons with developmental disabilities. Nursing facility services are also located on the grounds of two of the state comprehensive psychiatric facilities.

Regional community mental health/mental retardation centers operate under the supervision of regional commissions appointed by county boards of supervisors comprising their respective service areas. The 15 regional centers make available a range of community-based mental health, substance abuse, and in some regions, intellectual and developmental disabilities services. The governing authorities are considered regional and not state-level entities. The Department of Mental Health is responsible for certifying, monitoring, and assisting the regional community mental health centers. These regional community mental health centers are the primary service providers with whom the Department of Mental Health contracts to provide community-based mental health and substance abuse services.

Other nonprofit service agencies/organizations, which make up a smaller part of the service system, are certified and may also receive funding through the Department of Mental Health to provide community-based services. Many of these nonprofit agencies may also receive additional funding from other sources. Programs currently provided through these nonprofit agencies include community-based alcohol/drug abuse services, community services for persons with developmental disabilities and community services for children with mental illness or emotional problems.

A Message from the Executive Director...

The Mississippi Department of Mental Health (DMH) is focusing on the future by building a better tomorrow. By strengthening our partnerships and expanding community services, we believe we can improve quality and access to mental health services. We believe a better tomorrow will exist when...



- All Mississippians have equal access to quality mental health care, services and supports in their communities.
- People actively participate in designing services.
- The stigma surrounding mental illness, intellectual/developmental disabilities, substance abuse and dementia has disappeared.
- Research, outcomes measures, and technology are routinely utilized to enhance prevention, care, services, and supports.

Throughout the DMH Annual Report, you will clearly see the impact the Department has made on the lives of individuals seeking our services in FY09. We are proud of the difference we have made in the lives of the people we serve.

Even during the current difficult economic times, DMH will continue its shift from inpatient services to community-based services during the next fiscal year. While we realize the importance of moving toward a greater reliance on home and community-based services and are committed to expanding the availability and provision of mental health services in community-based settings, we want to remember that Mississippi is the only state that mental health advocates consider to have an adequate number of acute psychiatric beds. We understand the importance of inpatient care and will remain committed to continuing the provision of inpatient, hospital-based services. Mississippi should protect and continue to fund this resource so that inpatient, hospital based services continue to be readily available for individuals who need that level of service.

I invite you to join us on our mission of improving the lives of Mississippians one person at a time. It will take us all working together to make an impact. Together, we can make a difference.

Sincerely,

Edwin C. LeGrand III
DMH Executive Director

Four Service Delivery Populations

- Intellectual and Developmental Disabilities
- Mental Illness
- Alcohol and Drug Abuse
- Alzheimer’s Disease and Other Dementia

Estimated Prevalence of Need

2009 estimates of number of people needing services in MS

Intellectual and Developmental Disabilities.....	41,140
Mental Health.....	165,642
Alcohol and Drug Abuse.....	199,000
Alzheimer’s Disease and Other Dementia.....	52,000

Psychiatric Facilities

The **state psychiatric facilities** are administered by the Department of Mental Health. These facilities offer residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. The facilities are administered by the Bureau of Mental Health.

East Mississippi State Hospital

Charles Carlisle, Director
P.O. Box 4128 West Station
Meridian, MS 39304-4128
Phone: 601-482-6186
www.emsh.state.ms.us

Mississippi State Hospital

James G. Chastain, Director
P.O. Box 157-A
Whitfield, MS 39193
Phone: 601-351-8000
www.msh.state.ms.us

North Mississippi State Hospital

Paul A. Callens, Ph.D., Director
1937 Briar Ridge Rd.
Tupelo, MS 38804
Phone: 662-690-4200
www.nmsh.state.ms.us

South Mississippi State Hospital

Wynona Winfield, Director
823 Highway 589
Purvis, MS 39475
Phone: 601-794-0100
www.smsm.state.ms.us

Central Mississippi Residential Center

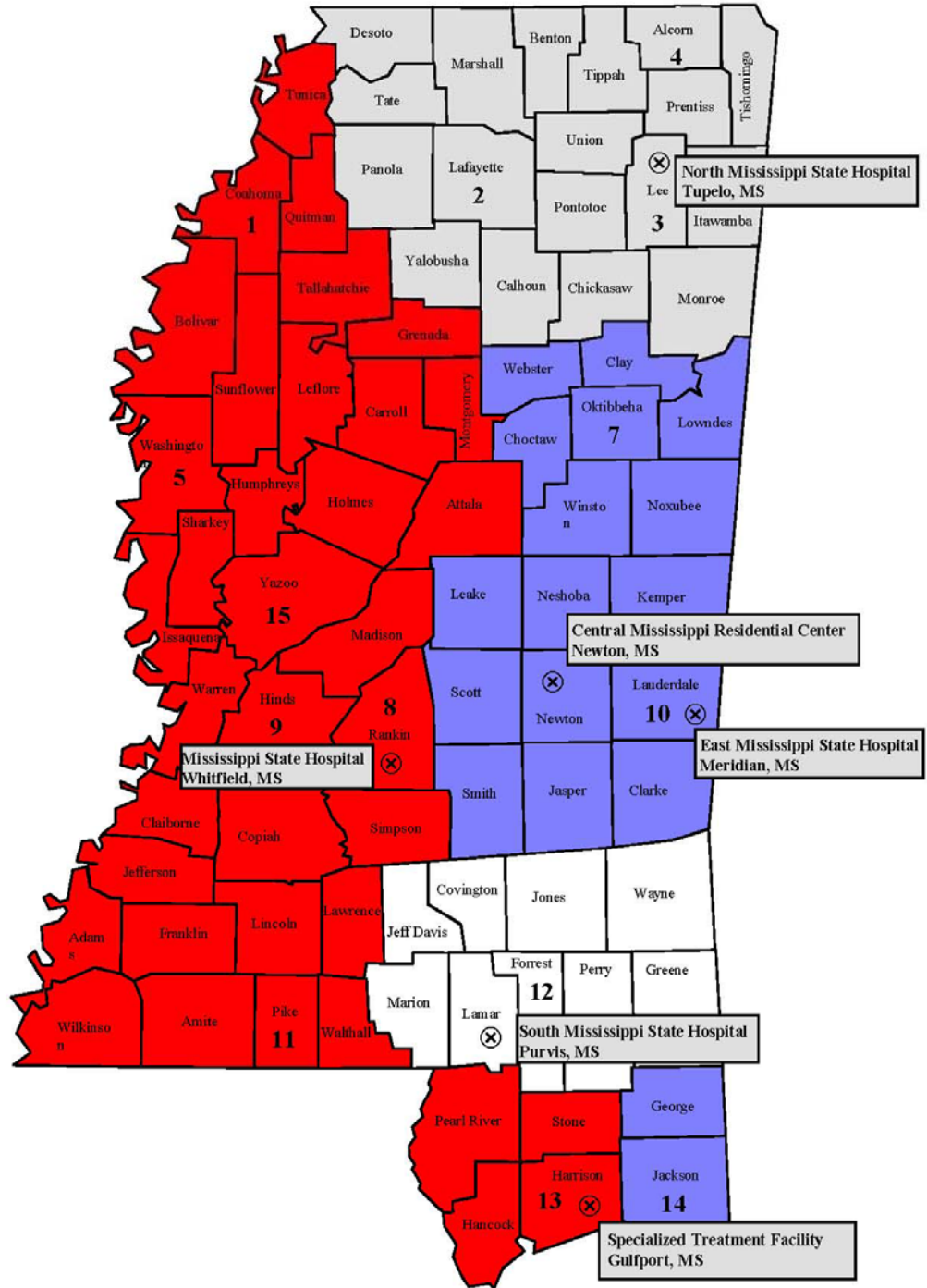
Debbie Ferguson, Director
P.O. Box 470
Newton, MS 39345
Phone: 601-683-4200
www.cmrc.state.ms.us

Specialized Treatment Facility

Stacy Miller, Director
14426 James Bond Road
Gulfport, MS 39503
Phone: 228-328-6000
www.stf.state.ms.us

Psychiatric Facilities

State-Run Psychiatric Facilities



Mississippi State Hospital is located in Whitfield and provides residential and/or community services for mental health, substance abuse, and Alzheimer's disease and other dementia. MSH is Joint Commission accredited.

Individuals Served at Mississippi State Hospital in FY 2009

Inpatient Services	
Acute Psychiatric	1,544
Continued Treatment Services	368
Medical Surgical Hospital	331
Oak Circle Center for Adolescents	361
Forensics	59
Jaquith Nursing Home (JNH)	574
Chemical Dependency Services	917
Community Services	
Outpatient Therapy	73
Clubhouse	85
Supported and Transitional Employment	12
Group Homes	61
Halfway Houses	28
Case Management	312
Homeless Program (Stubbs House)	22
Crisis Intervention Centers	
Cleveland Crisis Intervention Center	179
Grenada Crisis Intervention Center	166
Brookhaven Crisis Intervention Center	252
Total	5,344

East Mississippi State Hospital is located in Meridian and provides residential and/or community services for mental health, substance abuse, and Alzheimer’s disease and other dementia.

Individuals Served at East MS State Hospital in FY 2009

Inpatient Services	
Acute Psychiatric Care	873
Intermediate Psychiatric Care	119
Continued Treatment Services	146
Adolescent Psychiatric Males	113
RP White Nursing Home	228
Adolescent Chemical Dependency Services	83
Adult Chemical Dependency Services	333
Medical Care Unit	60
Community Services	
Outpatient Therapy	105
Group Homes	105
Halfway Houses	15
Case Management	105
Total	2,285

North Mississippi State Hospital is located in Tupelo and provides acute inpatient services for adult men and women with serious mental illness.

Individuals Served at North MS State Hospital in FY 2009

Tupelo Campus	380
Corinth Crisis Intervention Center	219
Batesville Crisis Intervention Center	194
Total	793

South Mississippi State Hospital in Purvis is an acute-care, regional psychiatric facility with the primary purpose to offer a continuum of services for adults with mental illness within the patient's region of residence.

Individuals Served at South MS State Hospital in FY 2009

Purvis Campus	432
Laurel Crisis Intervention Center	199
Total	631

Central Mississippi Residential Center is located in Newton and provides psychiatric services in a community setting, minimizing the need for hospitalization.

Individuals Served at Central MS Residential Center in FY 2009

Group Homes	132
Footprints	36
Newton Crisis Intervention Center	205
Total	373

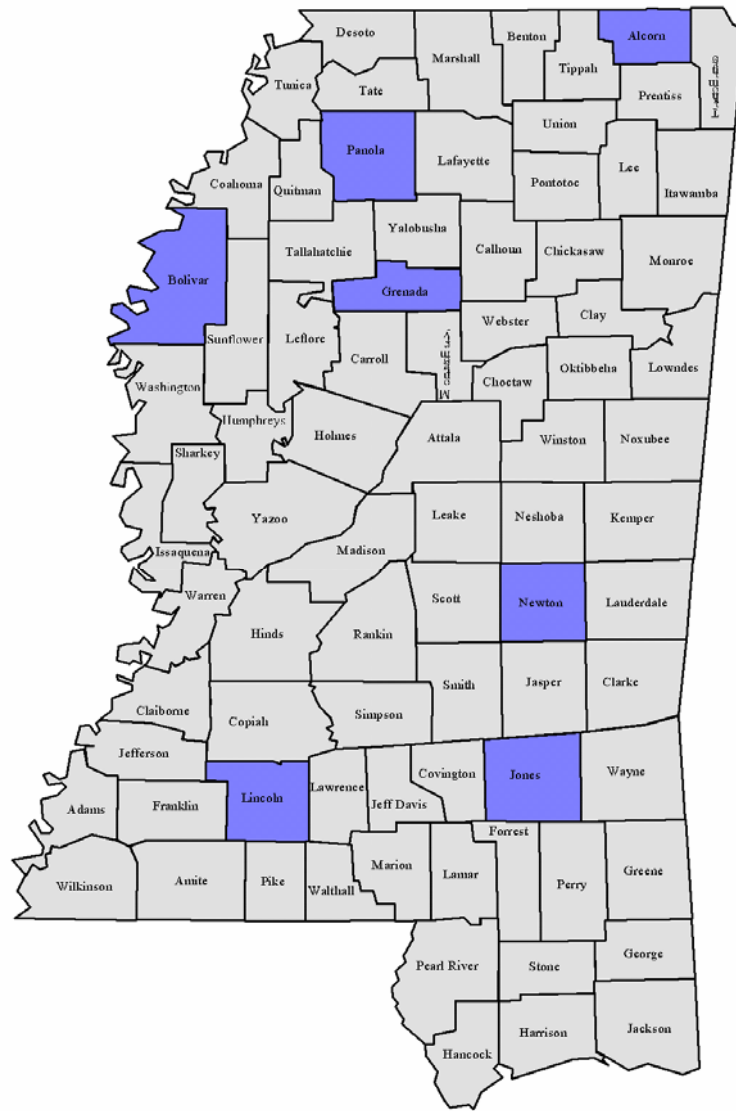
The Specialized Treatment Facility is an adolescent psychiatric residential treatment facility. Residents are between 13-18 years of age who have been involuntarily committed or transferred within the DMH. Priority placements are given to adolescents that have come into contact with the legal system.

Individuals Served at Specialized Treatment Facility in FY 2009

Total Served
99

Crisis Intervention Centers

The **Crisis Intervention Centers (CICs)** provide stabilization and treatment services to individuals who are in psychiatric crisis who have been committed to a psychiatric hospital and for whom a bed is not available. Individuals can often be stabilized at the crisis center and no longer require admission to the state psychiatric hospitals.



CICs	Days of Care	Total Served
Batesville CIC	5,280	194
Brookhaven CIC	3,888	252
Cleveland CIC	3,967	179
Corinth CIC	4,675	219
Grenada CIC	3,728	166
Laurel CIC	4,473	199
Newton CIC	5,100	205
Total	31,111	1,414

DMH provided a variety of adult mental health community services in FY 2009. Below is a list of the services and the number of individuals served.

Psychosocial Rehabilitation/Clubhouse

A Clubhouse is a psychosocial and vocational rehabilitation program for individuals diagnosed with a mental illness. Individuals are neither clients nor patients, but participating members. **In FY 2009, 5,087 were served.**

Pre-Evaluation Screening & Civil Commitment Examinations

Pre-evaluation screening provides descriptive information to determine whether or not further examination is needed; a diagnosis is not made during this screening step. **In FY 2009, 5,200 individuals were served.**

Outpatient Therapy Services

Outpatient treatment includes individual, family, group, and multi-family group therapies. **In FY 2009, 40,460 individuals were served.**

Case Management Services

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. **In FY 2009, 21,046 individuals were served.**

Halfway Houses

Halfway House services are for individuals with Serious Mental Illness and were developed to provide a readjustment and transitional living facility for individuals discharged from a psychiatric hospital. **In FY 2009, 80 individuals were served.**

Group Homes

Group home services for adults with Serious Mental Illness provide residential accommodations in a home-like environment, with supervision and training. **In FY 2009, 557 individuals were served.**

Acute Partial Hospitalization

Acute Partial Hospitalization is a program that provides medical supervision, nursing services, structured therapeutic activities and intensive psychotherapy (individual, family and/or group) to individuals who are experiencing a period of such acute distress that their ability to cope with normal life circumstances is severely impaired. **In FY 2009, 564 individuals were served.**

Psychosocial Rehabilitation/Elderly

The Psychosocial Rehabilitation/Elderly program was designed to provide a safe and creative environment for elderly individuals. This program utilizes a variety of activities to assist in alleviating depression. **In FY 2009, 1,214 individuals were served.**

Intensive Residential Treatment Services

Intensive Residential Treatment Services are time-limited and designed to serve adults with severe mental illness episodes that if not addressed would likely result in the need for inpatient care. **In FY 2009, 919 individuals were served.**

Supervised Housing

Supervised Housing provides a residence for three or fewer individuals in a single living unit. Individuals function with a greater degree of independence than in a group home. **In FY 2009, 236 individuals were served.**

Physician/Psychiatric Services

Individuals must be provided access to physician/psychiatric services that include medication evaluation and monitoring, prescribing of medications, regular monitoring of the effects of medication prescribed, and certifying individual treatment plans every six months. **In FY 2009, 39,498 individuals were served.**

Drop-In Centers

Drop-In Centers are consumer-run programs which offer services in a non-clinical atmosphere and which focus on self-help activities, social skills, job skills and decreasing isolation. **In FY 2009, 209 individuals were served.**

Serious Mental Illness Homeless Services

PATH (Projects for Assistance in Transitioning from Homelessness) provides funding for specialized services for homeless individuals with mental illness and individuals at-risk of homelessness in targeted areas of the state. **In FY 2009, 488 individuals were served.**

DMH provided a variety of children and youth mental health community services in FY 2009. Below is a list of the services and the number of children and youth served.

Residential Services

The children/youth appropriate for community residential services do not need the services provided in a long-term psychiatric residential treatment center or in any long-term psychiatric setting or other more restrictive setting.

- **Therapeutic Group Homes** provide a structured therapeutic home environment, and the youth served in these homes have behavioral/emotional disorders and serious emotional disturbance. **In FY 2009, 476 children and youth were served.**
 - **Therapeutic Foster Care** is an intensive community-based program composed of mental health professional staff and trained foster parents who provide a therapeutic program for children and adolescents with serious emotional disturbances living in a foster home. **In FY 2009, 214 children and youth were served.**
-

Prevention/Early Intervention

Services include preventive mental health programs targeting vulnerable at-risk groups designed to prevent the occurrence of mental health and/or emotional problems and service programs designed to intervene as early as possible. **In FY 2009, 1,105 children and youth were served.**

Emergency Services

Emergency Services are time-limited interventions, available 24 hours a day, seven days a week. Emergency/crisis response staff triage referrals and respond in a timely and adequate manner to diffuse the current crisis and maintain the child/youth in the least restrictive, yet appropriate, environment. **In FY 2009, 8,292 children and youth were served.**

Intensive Crisis Intervention Services

Intensive Crisis Intervention Services refer to specialized, time-limited interventions, available 24 hours a day, seven days a week, from some providers through program grants from the Mississippi Department of Mental Health. **In FY 2009, 900 children and youth were served.**

Case Management Services

Case Management is the provision and coordination of services that are an integral part of helping individuals access needed medical, social, educational, and other services in order to attain their highest level of independent functioning. **In FY 2009, 14,666 children and youth were served.**

Children and Youth Services

Outpatient Therapy

Outpatient treatment includes individual, family, group, and multi-family group therapies. **In FY 2009, 26,460 children and youth were served.**

Physician/Psychiatric Services

Individuals must be provided access to physician/psychiatric services to include medication evaluation and monitoring, prescribing of medications, regular monitoring of the effects of medication prescribed, and certifying individual treatment plans every six months. **In FY 2009, 17,224 children and youth were served.**

Day Treatment

Day Treatment is a therapeutic service designed for individuals who require less than 24-hour-a-day care, but more than other less intensive outpatient care. **In FY 2009, 6,298 children and youth were served.**

MAP Teams

The Making A Plan (MAP) Teams address the needs of children up to 21 years of age with serious emotional/behavioral disorders who require services from multiple agencies. The MAP Team must be composed of, at a minimum, one representative from the county level from each of the following major agencies that serve children: a bachelor's degree representative employed by the regional Community Mental Health Centers, the local school district in the county, the county office of Family and Children's Services of the State Department of Human Services, the county or regional Youth Services Division of the State Department of Human Services, and the county or regional office of the State Department of Rehabilitation Services. **In FY 2009, MAP Teams served 936 children and youth.**



Alzheimer's Disease and Other Dementia

DMH is responsible for counseling, education and training for family members, caregivers and service providers. The Division of Alzheimer's Disease and Other Dementia employs Masters level trainers and has field offices located in Oxford, Magee, Long Beach and the Central Office in Jackson.

According to the Alzheimer's Association, an estimated 52,000 Mississippians are diagnosed with Alzheimer's disease.

Training Initiatives Offered in FY 2009

Dementia Education Training for Professionals in Elderly and Long-term Settings

Total Venues: 11
Total Participants: 1,096

Virtual Dementia Tour: Train the Trainer

Total Venues: 20
Total Participants: 580

Understanding Dementia in Individuals with IDD

Total Venues: 2
Total Participants: 175

Health Fairs/Senior Fairs

Total Venues: 18
Total Participants: 6,316

Additional Trainings

Total Venues: 87
Total Participants: 4,830

9th Annual Conference on Alzheimer's Disease and Psychiatric Disorders in the Elderly

Total Vendors: 47
Total Registrants: 714

DMH funds and certifies two Adult Day Programs for individuals with Alzheimer's disease and related disorders. Footprints Adult Services is located in Newton, and Garden Park Adult Center is located in Greenwood.

Total served in FY 2009: 85

DMH provided the Alzheimer's Association Mississippi Chapter with one-time funding to supplement two volunteer Respite/Resource programs.

Total served in FY 2009: 40

DMH supplements the printing of *Living With Alzheimer's: An Alzheimer's Resource Guide*. Resource guides are distributed through the Division of Alzheimer's Disease and Other Dementia and the Alzheimer's Association.

Total distributed in FY2009: 5,000



Intellectual and Developmental Disabilities

DMH is responsible for the development and implementation of services to meet the needs of **individuals with intellectual and developmental disabilities**. This public service delivery system is comprised of five state-operated comprehensive regional centers, a state-operated facility for youth who require specialized treatment, 15 regional community mental health/mental retardation centers and other non-profit community agencies/organizations that provide community services. Community and residential services are offered.

Boswell Regional Center

Raymond Johnson, Director
P.O. Box 128
Magee, MS 39111
Phone: 601-867-5000
www.brc.state.ms.us

Ellisville State School

Renee Brett, Director
1101 Highway 11 South
Ellisville, MS 39437-4444
Phone: 601-477-9384
www.ess.state.ms.us

Hudspeth Regional Center

John Lipscomb, Ph.D., Director
P.O. Box 127-B
Whitfield, MS 39193
Phone: 601-664-6000
www.hrc.state.ms.us

North Mississippi Regional Center

Sandy Rogers, Ph.D., Director
967 Regional Center Drive
Oxford, MS 38655
Phone: 662-234-1476
www.nmrc.state.ms.us

South Mississippi Regional Center

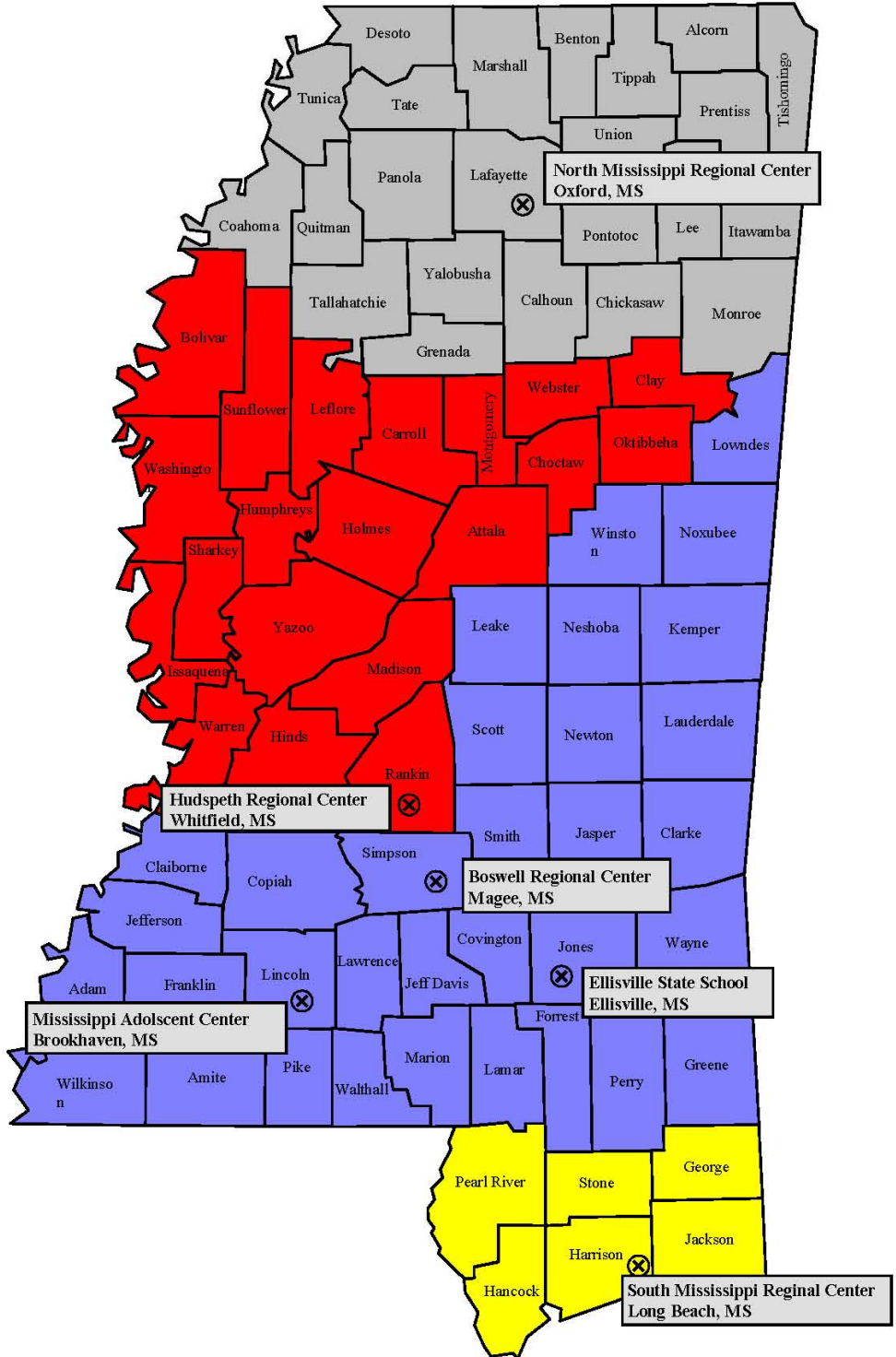
Dorothy McEwen, Director
1170 W. Railroad St.
Long Beach, MS 39560-4199
Phone: 228-868-2923
www.smrc.state.ms.us

Mississippi Adolescent Center (Formerly Juvenile Rehabilitation Facility)

Shirley Miller, Director
760 Brookman Dr. Extension
Brookhaven, MS 39601
Phone: 601-823-5700
www.mac.state.ms.us

IDD Facilities

State-Run Facilities for Persons with Intellectual/Developmental Disabilities



Ellisville State School, located in Ellisville, provides services through residential and community programs to children and adults with intellectual and developmental disabilities.

Individuals Served at Ellisville State School in FY 2009

Residential Services	
Campus Residential	503
ICF/MR Group Homes	173
IDD Certified Group Homes	30
Community Services	
Case Management	139
Early Intervention	250
Community Living	25
Supported Employment	36
Work Activity	159
Total	1,315

Boswell Regional Center, located in Magee, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at Boswell Regional Center in FY 2009

Residential Services	
Campus Residential	154
ICF/MR Group Homes	69
IDD Certified Group Homes	38
Community Services	
Case Management	10
Early Intervention	161
Community Living	49
Supported Employment	25
Work Activity	48
Total	554

North MS Regional Center, located in Oxford, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at North MS Regional Center in FY 2009

Residential Services	
Campus Residential	369
ICF/MR Group Homes	216
IDD Certified Group Homes	46
Community Services	
Case Management	108
Community Living	15
Early Intervention	446
Supported Employment	71
Work Activity	106
Total	1,377

South MS Regional Center, located in Long Beach, provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at South MS Regional Center in FY 2009

Residential Services	
Campus Residential	162
ICF/MR Group Homes	84
IDD Certified Group Homes	16
Community Services	
Case Management	192
Community Living	18
Early Intervention	367
Supported Employment	54
Work Activity	31
Total	924

Hudspeth Regional Center located in Whitfield provides individuals with intellectual and developmental disabilities a comprehensive array of services.

Individuals Served at Hudspeth Regional Center in FY 2009

Residential Services	
Campus Residential	320
ICF/MR Group Homes	125
Community Services	
Case Management	91
Community Living	15
Early Intervention	247
Supported Employment	67
Work Activity	216
Total	1,081

The Mississippi Adolescent Center is a residential facility located in Brookhaven dedicated to providing adolescents with intellectual and/or developmental disabilities an individualized array of rehabilitation service options.

Individuals Served at MS Adolescent Center in FY 2008

Total Served
58

IDD Community Services

Early Intervention

Services are provided to children birth to age three who have an intellectual and/or developmental disability (IDD) or who are at risk for such. Services include comprehensive and multidisciplinary evaluations, speech/language therapy, occupational therapy, physical therapy, and educational interventions. The program is in collaboration with the Mississippi Department of Health's First Steps Early Intervention Program.

Early Intervention	Served
Day Treatment	164
Early Intervention Services	1,594

Work Activity Centers

Work Activity Centers are provided for individuals 16 years and older who have IDD. The service assists individuals in increasing their productivity and self-sufficiency and provides opportunities for community integration. **In FY 2009, 986 individuals were served.**

Case Management

Services assist individuals with IDD in gaining access to any needed social, medical, and/or educational services in order to live successfully in the community. **In FY 2009, 2,136 individuals were served.**

Community Living

Services are provided to offer needed supervision, monitor health and physical condition, and assist with activities of daily living. Community Living provides different levels of assistance ranging from 24 hours a day, seven days a week to weekly contact. This service includes supported living, supervised living and IDD certified group homes. **In FY 2009, 227 individuals were served.**

Supported Employment

Supported Employment services are designed to increase the independence, community integration, and productivity of people by assisting them in finding and keeping community employment. The service consists of such elements as recruitment of individuals from other services to competitive employment, job finding, matching the individual to appropriate jobs, and employment maintenance. **In FY 2009, 164 individuals were served.**

Day Support

Day Support is a program of structured activities designed to support and enhance the functioning of individuals who are able to live fairly independently in the community through the regular provision of structured therapeutic support. **In FY 2009, 184 individuals were served.**

Attendant Care Services

Services are provided to meet the daily living requirements of individuals and to help ensure adequate support so the individual can be maintained at home or in the community. **In FY 2009, 1,021 individuals were served.**

Day Habilitation

Day Habilitation is a community program for people who typically are more severely involved and require a greater degree of assistance with activities of daily living. **In FY 2009, 339 individuals were served.**

In-Home Companion Respite

Services are provided to individuals on a short-term basis for the purpose of giving the family a break. **In FY 2009, 450 individuals were served.**

In-Home Nursing Respite

In-home Nursing Respite services are provided to individuals on a short-term basis for the purpose of giving the family a break. **In FY 2009, 295 individuals were served.**

Occupational Therapy, Physical Therapy and Speech/Language Therapy

These therapies are provided by therapists licensed according to state law for their respective duties and regulations and are approved Medicaid providers. **In FY 2009, 34 individuals were served.**

Prevocational Services

Services are designed to lead to vocational skill development in order to obtain community employment. **In FY 2009, 823 individuals were served.**

Support Coordination

Services are designed to assist individuals in accessing services in the community which meet their individual needs and prevent or delay placement away from their home and community. **In FY 2009, 1,971 individuals were served.**

Supervised Residential Habilitation

Services provide 24 hours a day, seven days a week on-site support and supervision for individuals living in the community. **In FY 2009, 208 individuals were served.**

Supported Residential Habilitation

Support services provided to individuals who live in their own home/apartment for a maximum of 30 hours per month. **In FY 2009, 80 individuals were served.**

Supported Employment

Services are designed to increase independence, community integration and productivity of individuals with intellectual/ developmental disabilities by assisting them with finding and maintaining community employment. **In FY 2009, 215 individuals were served.**

DMH administers the public system of **alcohol and drug abuse prevention and treatment services** in Mississippi through the Bureau of Alcohol and Drug Abuse Services. These services are provided through a statewide network, which includes state-operated facilities, regional community mental health centers, and other nonprofit community-based programs.

Alcohol and Drug Abuse Services Highlights for FY 2009

State Prevention Framework State Incentive Grant

Prevention staff continued to administer the State Prevention Framework State Incentive Grant (SPF-SIG) by awarding 23 recipients. Priorities of the SPF-SIG included filling existing gaps with evidence-based programming and measuring progress in reducing substance abuse. Implementation of a targeted marijuana initiative, implementation of a targeted underage drinking campaign and implementation of a methamphetamine initiative were carried out by the prevention staff, and all initiatives are ongoing throughout the state.

MS School for Addiction Professionals

In January, the prevention staff hosted the 2nd Annual Mississippi School for Addiction Professionals in Hattiesburg with more than 200 participants. Participants were provided the latest information on research, technology and practical strategies in alcohol, tobacco and other drugs (ATOD) and related fields. Participants also had access to a regional and national network of treatment and prevention leaders and participants.

Trainings Provided

Workshops and technical assistance were provided by staff to service providers throughout the state upon request. Also, trainings on the SAPT Block Grant and Cultural Appropriateness for the Service Delivery System were provided to service providers.

Employee Assistance Program

The Employee Assistance Program is also a part of the Bureau of Alcohol and Drug Abuse. With the Bureau's assistance, Employee Assistance Programs have been developed and implemented in 2009 in several states.

DUI Assessment

An individual must complete the process of a diagnostic assessment in order to see if treatment is warranted. An approved DMH diagnostic assessment instrument is administered. The result of the assessment is evaluated, as well as the client intake assessment. The BAC (Blood Alcohol Content) report and the motor vehicle record are reviewed and fourthly, collateral contacts are considered. If appropriate, other clinical observations are recorded. After the completion of the process, if the individual needs treatment, the offender is eligible for this service.

Alcohol and Drug Abuse Services

The Bureau of Alcohol and Drug Abuse provides a statewide continuum of comprehensive, accessible and affordable community-based substance abuse prevention and treatment services that meets the needs for services identified by the state.

Services include:

Services Provided	Number Served FY2009
Community-based adult primary residential services	3,611
Community-based adolescent primary residential services	279
Inmates at the MS Department of Corrections	1,711
Community-based adult transitional residential services	1,172
Community-based general outpatient services	6,184
Community-based adult intensive outpatient services	1,214
Community-based adolescent intensive outpatient services	414
Community-based outreach/aftercare services	4,339
Adult dually diagnosed services	11,419
Vocational rehabilitation services for transitional treatment services	128
DUI offenders admitted to treatment	2,191
Prevention services	91,205

Focus

DMH's Accelerated Leadership Development Program, Focus, continued to grow in FY09. Focus II and III participants graduated. The program was also selected as one of eight regional finalists for the 2009 Council of State Government (CSG) Innovations Award.



Professional Development

DMH provides opportunities for personal growth and continuing education opportunities to its professional staff while actively promoting education. An annual needs assessment is conducted at each facility, and a training plan is implemented from the identified areas of need. During FY09, DMH (through its facilities and programs) taught 36,667 courses, providing 58,936 hours of training to 10,561 employees. This equates to 5.58 hours of training per capita.

Constituency Services

In December 2008, DMH's Office of Constituency Services contracted with the National Suicide Prevention Lifeline to become a network crisis center. The National Suicide Prevention Lifeline is a national, 24-hour, toll-free suicide prevention service comprised of 129 centers. Individuals calling 1-800-273-TALK (8255) are routed to the closest crisis center based on their location, as determined by the origination of the call. DMH now acts as the primary crisis center for all 82 counties in Mississippi. In addition to the 2,401 calls on the DMH Helpline, OCS has received and responded to 1,590 calls on the Suicide Prevention Lifeline since December 2008.

Certified Peer Specialist Training

DMH expanded its consumer-driven recovery model system to include Mississippi's first Certified Peer Specialist (CPS) Training in May. The training provided individuals with skills to aid other mental health consumers in their recovery, drawing from their own insight into, and experience, with mental illness. CPSs through their similar experiences with mental illnesses give others encouragement, hope, assistance, and understanding that aids in recovery.

Think Again Campaign

DMH and the Mississippi Think Again Network launched the *Think Again* campaign which is a statewide effort to help people change the way they think about mental health and shatter the silence around suicide. The campaign was launched in conjunction with Mental Illness Awareness Week during Oct. 4 – 10. *Think Again* is designed to increase understanding of mental health among young adults through educational materials, presentations and other avenues. The campaign asks young adults in high school and college to "think again" about mental health and to challenge their understanding of the role they can play in supporting friends and family who have a mental illness.



Suicide Prevention Efforts

Starting in the 2009 – 2010 school year, suicide prevention training will be required for licensed teachers and principals. Suicide prevention training will enable teachers and principals to better identify risk factors and warning signs that indicate a student may be considering taking his/her life. DMH and the Mississippi Department of Education (MDE), Office of Healthy Schools are working together to ensure both agencies are prepared to support local school districts in this very important endeavor.

The Mississippi Youth Suicide Prevention Council provided oversight for activities related to the State Youth Suicide Prevention Plan. Activities include training, interagency planning and trend analysis.

DMH Strategic Plan

In FY 2009, the Mississippi Board of Mental Health decided to develop its first strategic plan. The strategic plan is to serve as a map for guiding DMH’s evolution of services and supports over the next decade and to demonstrate the Board’s commitment to transformation of the system. The *Board of Mental Health and Department of Mental Health Strategic Plan FY 2010 – 2020: A New Day for Mississippi’s Department of Mental Health* was approved by the Board of Mental Health in June 2009, with implementation beginning in FY10.

CIC Redesign

During the 2009 Legislative session, DMH sought and received permission to contract with Life Help Community Mental Health Center for the operation of the Grenada Crisis Intervention Center (CIC). Planning for the redesign began in FY09. The goal is for this pilot program to improve two of the items NAMI lists as urgent needs for Mississippi. The pilot will help us move towards reducing the use of jails for people under civil commitment orders. In addition, it will save money which in turn will be used for partial funding for other crisis services such as PACT teams.

Ability Awareness Council

The Mississippi Ability Awareness Council was formed in FY09 in an effort to educate the public and reduce the stigma associated with intellectual and developmental disabilities (IDD). Made up of parents, professionals, and self advocates, the council is promoting the focus of abilities rather than disabilities.

Council on Developmental Disabilities

The mission of the Mississippi Council on Developmental Disabilities (MS CDD) is to “promote quality of life for people with developmental disabilities, their families, and the community at large.” In the area of Employment, the *Mississippi Association for Providing Supports in Employment (APSE)* at the Arc of Mississippi contacted a total of 355 businesses and community resources advocating for the APSE message of employing individuals with disabilities. Within the area of Education and Early Intervention, the *Domino Effect Project* at the University of Southern Mississippi successfully provided statewide supports for students with multiple developmental disabilities and their families which included a total of 3,525 requests for assistance and follow-up responses for FY09.

DMH Budget

FY 2009 Budget

	FYE 6/30/09	
	Year To Date	Spending Authority
Expenditures		
Salaries and fringe benefits	\$376,046	\$382,477
Travel	840	1,163
Contractual	49,529	55,691
Commodities	47,096	50,411
Other than Equipment	1,180	1,891
Equipment, vehicles, wireless devices	3,828	5,019
Subsidies, loans, grants	147,665	157,680
Sub-total	626,184	\$654,332
Other transfers not using sp. authority	22,499	
Total expenditures	\$648,683	

Sources of Funds		
Beginning cash	\$20,234	\$11,571
General funds	251,242	251,303
Healthcare Expendable Trust funds	13,952	13,952
Court Assessment funds	4,961	5,282
Total Medicaid and all other	390,638	379,817
Total cash available	681,027	661,925
Less ending cash	32,344	7,593
Net sources of funds	\$648,683	\$654,332

**Consolidated Financial Summary
(In Thousands of Dollars)**

Where We Are Headed In FY 2010

Overall Agency Goals for FY 2010

- Secure additional Medicaid Match for Community Mental Health Centers.
- Secure additional funding for the Home and Community-based Waiver for individuals with intellectual and developmental disabilities.
- Continue the shift in priority from inpatient care to community-based services care.
- Expand the Crisis Intervention Center Pilot Project to additional Crisis Intervention Centers.
- Expand public awareness efforts for the Think Again and Shatter the Silence campaigns.
- Continue efforts to develop and train workforce through expansion of the Focus program and Knowledge Transfer initiative.